



Teaming for Success

This eight-hour course, *Teaming for Success*, is a great first step in developing a new team or moving an existing team towards higher performance. It provides language, models and shared experiences to accelerate teamwork and collaboration. The course focuses on creating a win-win mentality within the team. Participants explore and experience both personal and team dynamics to increase their awareness of how to work more effectively within the team. A strong foundation is built with key models and relationships are enhanced through teamwork practice activities. As a result of this course, participants learn and begin to practice high-performance team skills.

Program Objectives:

- Build strong teamwork skills
- Learn and gain understanding of the stages of team development
- Explore team relationships
- Reinforce the key teamwork skills of listening, relationship building and problem solving

Course Overview:

This course uses a highly interactive teaching style, combining discussions of relevant theory and principles with experiential activities to create a rich and engaging learning environment.

Content:

- **Team Fundamentals:** team norms, characteristics of trust
- **TripleWin Relationship Model:** Compete, Coexist, Coordinate, Collaborate
- **H.E.A.R.T. Model:** Honest Communication, Effective Problem Solving & Decision-making, Accountability, Respectful Relationships, Trust
- **Team Development Model:** how team's develop over time and events
- **Continuous Improvement:** making on-going improvements
- **Action Planning:** determining next steps to put theory into practice